

**J.P. Wood Martial Arts America  
Moo Do Won International  
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**TAEKWONDO & GUMDO  
SPARRING and REFEREE SEMINAR  
Friday March 10, 2023  
6:00 pm – 8:00 pm**



**Sparring seminar – Friday March 10<sup>th</sup>, 6 to 8 pm**

- Free, open to all Taekwondo & Gumdo students, all ranks
- Bring your equipment (if you have it)
- Help prepare students for tournament competition
- Work on offensive & defensive sparring strategies
- Explain tournament sparring rules
- Practice variety of sparring drills
- Participate in tournament style sparring practice

**Referee seminar – Friday March 10<sup>th</sup>, 6 to 8 pm**

- Free, open to all Taekwondo & Gumdo black belts, ages 15 through adults
- Improve referee skills for judging forms, self- defense, and sparring at the Samurang Games.
- Cover rules and practice our referee skills in a tournament setting.
- To prepare for seminar, read rules at samuranggames.com.
- Will lead to referee certification with Moo Do Won International.
- Register below to insure credit for attendance at this seminar

**For complete listing of rules at Samurang Games, go to [samuranggames.com](http://samuranggames.com)**

**REGISTRATION FORM**

Name: \_\_\_\_\_

Age: \_\_\_\_\_

School: \_\_\_\_\_

Rank: \_\_\_\_\_

I am competing at Samurang Games

I am a referee at Samurang Games

I am not competing or a referee at Samurang Games