

J.P.Wood Martial Arts America

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Class Schedule Fall 2022 -Winter 2023

GROUP IN PERSON CLASSES							
In Person	Classes	Mon	Tue	Wed	Thu	Fri	Sat
Taekwondo Youth & Family	1 st Grade & up	5 pm 6 pm	5 pm 6 pm	5 pm 6 pm	6 pm	5 pm 6 pm	9:30 am
Dragon & Beginner Youth	4 year old Pre-school through Kindergarten	5 pm	4 pm * 6 pm	X	6 pm	5 pm	9:30 am
Taekwondo Adv & BB	Brown belt & higher ranks. Ages 11 & Up Teen/Adult lower belts w/ permission		7 pm		7 pm		
Koryo Gumdo	Ages 11& up	7 pm		7 pm		7 pm	
Strength & Conditioning	Ages 11& up		8 to 8:35 pm	8 to 8:35 pm			
Demo Team					8 pm as scheduled		

* The 4:00 pm class on Tuesdays is the only group in person class that is not taught year round. See us for exact dates.

PRIVATE IN PERSON LESSONS

In person private lessons are 20 minutes long

Please schedule your **In-Person Private Lesson** at PalatineMartialArts.com

	Mon	Tue	Wed	Thu	Fri	Sat
All students				5:00 pm 5:20 pm 5:40 pm	6:30 pm 7:00 pm	9 am 10:30 am