J.P. Wood Martial Arts America Moo Do Won International 249 E. Northwest Hwy, Palatine, IL 847/ 705-8714 jpwoodsmaa@msn.com

TAEKWONDO & GUMDO SPARRING and REFEREE SEMINAR Friday, March 8, 2024 6:00 pm – 8:00 pm



Sparring seminar – Friday March 8, 6 to 8 pm

- Free, open to all Taekwondo & Gumdo students, all ranks
- Bring your equipment (if you have it)
- Help prepare students for tournament competition
- Work on offensive & defensive sparring strategies
- Explain tournament sparring rules
- Practice variety of sparring drills
- Participate in tournament style sparring practice

Referee seminar – Friday March 8, 2024, 6 to 8 pm

- Free, open to all Taekwondo & Gumdo black belts, ages 15 through adults
- Improve referee skills for judging forms, self- defense, and sparring at the Samurang Games.
- Cover rules and practice our referee skills in a tournament setting.
- To prepare for seminar, read rules at samuranggames.com.
- Will lead to referee certification with Moo Do Won International.
- Register below to insure credit for attendance at this seminar

For complete listing of rules at Samurang Games, go to samuranggames.com

REGISTRATION FORM	
Name:	Age:
School:	Rank:
I am competing at Samurang Games	I am a referee at Samurang Games

I am not competing or a referee at Samurang Games