J.P.Wood Martial Arts America

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Class Schedule 2023

GROUP IN PERSON CLASSES										
In Person	Classes	Mon	Tue	Wed	Thurs	Fri	Sat			
Taekwondo Youth & Family	1 st Grade & up	5 pm 6 pm	5 pm 6 pm	5 pm 6 pm	9:30 am * 6 pm	5 pm 6 pm	9:30 am			
Dragon & Beginner Youth	4 year old Pre-school through Kindergarten	5 pm	4 pm ** 6 pm	Х	6 pm	5 pm	9:30 am			
Taekwondo Adv & BB	Brown belt & higher ranks. Ages 11 & Up Teen/Adult lower belts w/ permission		7 pm		7 pm					
Koryo Gumdo	Ages 11& up	7 pm		7 pm		7 pm				
Strength & Conditioning	Ages 12 & up		8 to 8:35 pm	8 to 8:35 pm						
Demo Team					8 pm as scheduled					

^{*} The 9:30 am class on Thursday is taught in the summer only. See us for exact dates.

PRIVATE IN PERSON LESSONS

In person private lessons are 20 minutes long
Please schedule your **In-Person Private Lesson** at PalatineMartialArts.com

	Mon	Tue	Wed	Thu	Fri	Sat
All students				5:00 pm 5:20 pm 5:40 pm	6:30 pm 7:00 pm	9:00 am 10:30 am

^{**} The 4:00 pm class on Tuesdays is the only in person class that is not taught year round. See us for exact dates.